

## Making and Embedding Transformation Post-COVID Contemporary pain science and management. Changing (not just) the conversation

### Speaker Bios

#### Cormac Ryan, Professor of Clinical Rehabilitation, Teesside University

Cormac Ryan is Professor of Clinical Rehabilitation at Teesside University and a community pain champion for the Flippin' Pain campaign. He has over 15 years of experience in pain management research. He graduated as a physiotherapist from Queen Margaret University College Edinburgh in 2004, before completing a PhD in chronic lower back pain at Glasgow Caledonian University. Cormac has published over seventy peer-reviewed journal articles and obtained more than the £1m in research funding. Cormac is co-editor in chief of *Pain and rehabilitation*, the peer-reviewed journal of the Physiotherapy Pain Association. Cormac's two main areas of interest are; 1) the role that pain science education plays in the management of persistent pain and 2) fishing. Twitter: [@TeessideUni](https://twitter.com/TeessideUni)



#### Prof Lorimer Moseley AO

Lorimer is one of the world's leading pain scientists and one of Australia's most renowned pain educators. He's won prizes for his work in 13 countries, including Australia's most prestigious prize for medical research. He has written 350 research articles and 5 books including the two highest selling pain books internationally and is the CEO for the non-profit grassroots movement [Pain Revolution](#). More recently Lorimer has co-developed a consumer facing pain resource called [Tame the Beast](#).

#### Richard Pell, Flippin' Pain Campaign Director and Head of NHS Service Development, Connect Health

Richard's role combines contributing to the continuous improvement and growth of Connect Health's catalogue of NHS services with the accountability for successfully mobilising new procured services. Richard is a physiotherapist by background and worked in a community MSK service in his native Lincolnshire before joining Connect in 2009. In 10 years at Connect he has held various clinical and managerial roles, more latterly in senior operational management positions. Richard brings an unequalled wealth of experience in transitioning community MSK services having been involved in the mobilisation of 15 new services and led the majority. His passion is for delivering services that provide efficient, effective and evidence-based care and is particularly interested in developing stakeholder relationships through periods of change. Twitter: [@PseudoPhysio](https://twitter.com/PseudoPhysio)



## **Niki Jones – lives with persistent pain**



“I have had Trigeminal Neuralgia, a facial nerve pain condition for 18 years. Previous to this I worked for the government of Horseracing. I’m 48. Over the years I had multiple surgeries including a motor cortex stimulator, yet remained significantly disabled by the pain. Two years ago I found the Curable PMP app and since then have made a near complete recovery and am now very active, though am coping with serious issues due to opioid withdrawal. I am active on Twitter as a patient advocate, promoter of supported self care, and support the concept of peer mentor/coaches in PMPs. I have my own horses and recently took up cycling which gives me all the SIMS in the world.” Twitter: [@Fizzbw](#)

## **Dr Asim Suleman - GP Pain specialist in Bradford**

Born and bred in Yorkshire, Asim works as a GP Pain specialist in Bradford. He works part-time as an Occupational Health Physician. He is a 2nd Dan in Taekwondo and is passionate about improving physical literacy and pain management services for the most vulnerable in society.

‘I qualified as a GP in 2005 and started acupuncture clinics soon after for MSK problems and chronic pain. I eventually decided to complete the MSc in Pain Management at Cardiff University. This has opened up many doors in the Pain field and allowed me to expand my practice-based clinic as well as the district wide MSK service.

I now provide a holistic pain management service within the constraints of the NHS. I train doctors in Pain and my work as an Occupational Health Physician allows me to manage employees with chronic pain and rheumatological conditions within the workplace. I am striving to make the care we provide equitable for everyone in these difficult and challenging times.’ Twitter: [@persistingpain](#)

